



# The Marriage Restoration Project Intensive Brochure



[TheMarriageRestorationProject.com](http://TheMarriageRestorationProject.com)

# 2-Day Private “No Blame, No Shame” Marriage Counseling Intensive. Heal. Reconnect. Transform.

Dear Couple,

We're honored that you're considering taking this courageous step toward restoring and strengthening your marriage. Whether you're feeling disconnected, stuck in painful patterns, or simply longing for more, our 2-Day Marriage Intensive is designed to help you reconnect in a deeply transformative way.

This isn't just therapy—it's a life-changing experience grounded in empathy, safety, and real tools for lasting change. You don't have to stay in survival mode. There is hope, and we're here to walk that path with you.

Warmly,

Rabbi Shlomo Slatkin, M.S., LCPC

The Marriage Restoration Project


# About the Intensives

Our 2-Day Couples Intensives are designed to help couples experience months of progress in just two days. Rather than weekly therapy sessions that get interrupted by life, these intensives allow you to unplug from distractions and focus entirely on your relationship with the support of an expert therapist.

Using a structured process based on Imago therapy and years of clinical experience, couples can:

- Feel deeply heard and understood
- Identify and heal negative patterns
- Learn to communicate safely about any issue

Each intensive is personalized and includes guided dialogue, written exercises, emotional healing tools, and goal setting for long-term success.



# What's Included in the Program

When you register for our 2-Day Private Couples Intensive, you receive a comprehensive, high-touch experience designed to restore your connection, rebuild trust, and equip you with powerful relationship tools that last long after the weekend is over.

## ◆ **Two Full Days of Private Therapy (12+ Hours Total)**

- 6 hours each day of private, uninterrupted time with your therapist
- A structured, transformative format that allows for deep emotional processing and connection
- Breaks and integration time thoughtfully built in
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## ◆ **Personalized Relationship Assessment**

- Pre-intensive consultation to match you with the right therapist
- Review of your goals and relationship history
- Custom-tailored session plan to meet your specific needs

# What's Included in the Program


## ◆ **Powerful Therapeutic Exercises**

- Guided dialogue sessions to safely unpack conflict
- Guided explorations of your relationship patterns and history
- Tools for healing resentment, improving empathy, and restoring connection

## ◆ **Your Relationship Roadmap**

- An action plan to carry your progress forward
- Custom strategies and communication tools you can use immediately
- A printable list of post-intensive recommendations and rituals to keep the momentum going

## ◆ **Post-Intensive Support Options**

- Access to 8 90 Minute follow-up sessions (virtual or in-person)
  - On Demand Self Guided 5 Step Plan to a Happy Marriage Audio/Visual Program for home support between sessions
  - Email check-ins and additional resources based on your intensive
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# Sample Schedule & Travel Guide

## Day One: Restoring Hope

- Restoring Hope: Realize your marriage can be different
- Personal Relationship History: Discover patterns holding you back
- Why You Chose Your Spouse: Reclaim lost parts of yourself
- Relationship Frustration: Use Imago Dialogue to heal a difficult issue
- Intentional Dialogue: Master a new tool for communication
- Three Stages of Relationship: Understand where you are and how to grow forward


## Day Two: Hope Becomes Reality

- Living Gratefully: Cultivate gratitude for lasting change
- Dream Up Your Vision: Envision your future together
- Action Plan: Identify your needs and how to meet them
- Love Language Diagnosis: Learn to give and receive love effectively
- Flooding Process: Shift negative energy in 5 minutes

## Travel Planning Tips:

- We'll help you identify nearby accommodations
- Bring a journal, water, comfortable clothing, and an open heart

# Package Overview & Pricing

- Duration: Two full days, 6 hours/day
  - Location: In-person or Virtual sessions (we'll recommend hotels nearby)
  - Cost: Varies by therapist, location, and specific needs (contact us for a quote)
  - Payment: Payment is expected upon booking and can be paid via Credit Card, Transfer, Zelle, Venmo. If you would like a payment plan, you can pay with Paypal Credit.
  - Insurance: Most intensives are not reimbursed by insurance. Check with your provider if you have out-of-network benefits for conjoint counseling.
  - Cancellation: If you must cancel an intensive with less than one week notice, you will be charged the full fee for the cancelled intensive.
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# Is this Program right for you?

Our program is for you if you want to:

- Finally become deeply heard by your spouse
- Break free of emotional baggage and old patterns
- Eliminate triggers and reactive conflict
- Comfortably talk through any issue without disconnecting
- Finally feel loved and understood
- Accelerate change in your spouse and your relationship
- Develop a customized action plan for success
- Ask for what you want—safely and with guided dialogue
- Heal from infidelity and betrayal
- Detox your marriage from negativity and blame
- Recommit to your marriage with new energy and love
- Build rituals of connection and romance
- Leave behind your old marriage and create a new one
- Become more conscious of your role in your growth




# Frequently Asked Questions

Do we get follow-up support after the intensive?

Yes. Our commitment to your growth doesn't end after the two-day experience. We include follow-up sessions (in-person or virtual) for long term success and follow through as well as customized resources to help you integrate what you've learned, reinforce the progress you've made, and stay on track long after the intensive ends.

Will we be matched with the right therapist?

Absolutely. During your initial consultation, Shlomo personally assesses your situation, needs, and goals to ensure you're matched with the therapist who is the best fit for your relationship dynamics, comfort level, and location. If appropriate and available, Shlomo may work with you directly.



# Frequently Asked Questions

Can this help if one of us is unsure about staying married?

Yes. Our intensives are designed to meet couples exactly where they are—even in moments of uncertainty. Whether one of you feels unsure, ambivalent, or emotionally distant, our safe, structured process helps you gain clarity, reconnect, and make informed decisions about the future of your relationship.

Where do sessions take place?

Sessions are held either in-person at one of our therapist locations nationwide or virtually through secure video conferencing. If you're traveling, we'll help you coordinate logistics and recommend accommodations nearby.

Can we bring children with us? (if relevant)

While we understand that arranging childcare can be challenging, we strongly recommend attending the intensive without children. This time is dedicated solely to your relationship, and removing external distractions ensures you get the most out of your investment. We're happy to recommend trusted childcare or family-friendly accommodations nearby if needed.

# Take the First Step Toward a Renewed Relationship

Our 2-Day Couples Intensive offers a unique opportunity to break free from old patterns, restore your connection, and begin creating the marriage you've always envisioned. With expert guidance, a proven framework, and a safe, supportive environment, you can heal, grow, and build a future full of love, trust, and deep communication.

If you're ready to invest in your relationship and create lasting change, we're here to guide you every step of the way.

Contact Rabbi Shlomo today at 443-570-7598 to learn more, schedule your intensive, and start your journey toward a happier, healthier marriage.