

# 52 QUESTION CARDS for emotional intimacy

What is your greatest  
fear about our  
relationship?

What do you need  
from me to feel  
fully understood?

What is one dream you  
have that you want us to  
achieve together?



What do you think we  
need more of in our  
relationship?

W9.

What do you feel most  
grateful for in our  
relationship?



How can I make you feel  
more appreciated?



When have you felt the  
most challenged by me?



When do you feel the most  
loved by me?



What is your greatest  
fear about our  
relationship?



What is one dream you  
have that you want us to  
achieve together?



How do you feel about  
the way we handle  
disagreements?





**What was your favorite  
childhood memory?**



**What is something you've  
always wanted to tell me  
but haven't?**



**What do you feel most  
grateful for in our  
relationship?**



**How can I make you feel  
more appreciated?**



**How do you feel about  
the way we handle  
disagreements?**



**What is one dream you  
have that you want us to  
achieve together?**



**What is your greatest  
fear about our  
relationship?**



**When do you feel the most  
loved by me?**





**What ways do you feel I  
best support your  
dreams?**



**What aspect of our  
relationship gives you the  
most joy?**



**What is your favorite  
way to spend time  
together?**



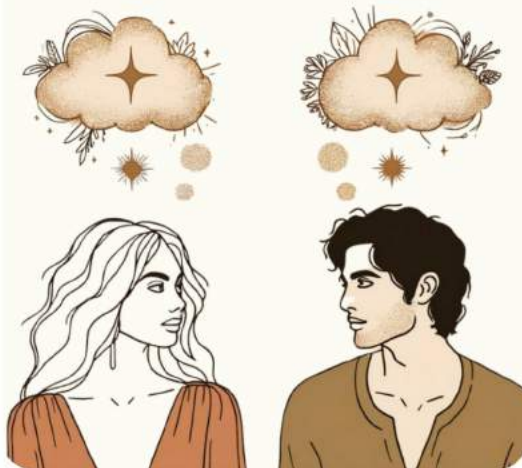
**What is something new  
you'd like to try  
together?**



**What do you think we  
need more of in our  
relationship?**



**What was your first  
impression of me?**



**How can I help you feel  
more confident?**



**What makes you feel most  
secure in our relationship?**





How do you feel about  
our communication?



What lesson have you  
learned from our  
relationship?



How can we make our  
daily routines more  
meaningful and  
connected?



What is your favorite  
shared memory?



What part of your day do  
you wish I was a part of?



What do you wish  
was different in  
our relationship?



When do you feel  
closest to me?



What do you think is  
unique about our  
relationship compared  
to others?





**What is your biggest hope for our future?**



**How has our relationship changed you?**



**What does your ideal day with me look like?**



**What do you find most challenging about communication with me?**



**What personal goals do you have that you'd like me to support you with?**



**What traditions would you like to start in our relationship?**



**How do you feel about the balance of giving and taking in our relationship?**



**What do you want to achieve in the next year together?**





How do you like to be comforted when you are sad?



What commitment are you prepared to make to improve our relationship this year?



When have you felt the most challenged by me?



What do you admire most about me?



What do you need from me to feel fully understood?



What is a recent moment that you felt particularly proud of me?



What do you enjoy doing most with me that we don't do often?



What is one thing you think we should learn together?





**What are your thoughts  
on our financial  
planning?**



**What has been the biggest  
test of our relationship?**



**How do we differ in  
showing affection, and how  
can we bridge that gap?**



**How has our  
relationship impacted  
your relationships  
with others?**



**What aspect of our  
relationship makes you  
feel the most proud?**



**How can we improve our  
intimacy and closeness?**



**What do you most desire  
from our relationship  
that you feel you are not  
getting?**



**What lesson have you  
learned from our  
relationship?**

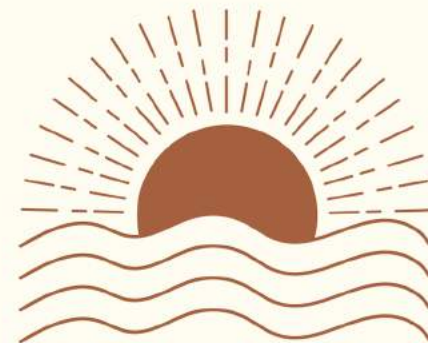




**What does trust mean to  
you in our relationship?**



**How can we better  
understand each other's  
emotions?**



**What do you need most  
from me in stressful  
times?**



**What past experience  
should we revisit to  
resolve and heal?**

