

Couples Holiday Worksheet: The Ultimate Holiday Activity Guide

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Introduction

Xmas time is family time. Sometimes though, happy times can become stressful times.

Holiday time can bring about tension, especially with extended family, guests, and others that you may not interact with on a regular basis.

To prevent that, it's important to plan in advance and think about ways to make your time a time of connection and joy.

That's why we've created the Christmas Holiday Planning worksheet, based on our experience talking with couples around this time of year.

Enjoy your holiday planning time and make it your best year yet!

Christmas Holiday Activities To Do As a Couple

Have you ever wondered what to do for your holiday dates with your significant other? Prepare for the most wonderful time of the year as a couple with a guide filled with fun and entertaining activities that you can do together over the Christmas holidays.

Christmas Holiday Activities To Do As a Couple

December is here and you know what that means: it's time to get excited about Christmas! The holidays are all about making memories, and nothing helps you to create those memories like being with the people you love.

We've put together a list of things to do this holiday season that will add an extra sparkle to your relationship. From making personalized ornaments to giving each other the best gifts ever, we've got it all covered!

INDOOR ACTIVITIES IDEAS

1. Make a Christmas Playlist
2. Have a Christmas Dance Party
3. Gratitude jar
4. Make Christmas Candy
5. Bake Gingerbread/ Christmas Cookies
6. Make your own hot chocolate
7. Decorate your house
8. Plan a Holiday Photo Shoot
9. Build a snowman
10. Have a Christmas/Winter movie marathon

OUTDOOR ACTIVITIES IDEAS

1. Plan a Holiday Themed Date in your city
2. Plan a Holiday Themed Trip
 - o Skiing
 - o Sledding
 - o Snowball fight
3. Attend local tree lighting festivals
4. Attend a Local Christmas Play
5. Go tree shopping
6. Go Christmas Shopping
7. Participate in many charitable Christmas Activities in the community



December Date Night Ideas for Couples

December is the perfect time to curl up with your sweetheart and spend some quality time together. Here are some December date night ideas that will help you keep the fire burning all month long.

01. Go Ice Skating

Go ice skating on your next date night. You'll love the feeling of gliding across the ice, and it's a classic date idea that never gets old.

02. Create Your Own Hot Chocolate Bar

If you and your partner are in need of some cozy holiday fun, try making your own hot chocolate bar! It's a great way for you to spend time together, and it's also a really easy thing to do.

03. Watch Holiday Movies

Holiday movies are the best. They're warm and fuzzy, they always make you feel better, and they're a great way to spend some quality time with your loved ones. Set up blankets on the floor of the living room or den for everyone to sit on. Then gather up all of your favorite holiday movies and get ready to cozy up!

04. Bake cookies together

It's hard to think of a better way to spend an evening together than baking up some delicious treats. You can make gingerbread men or women. Make chocolate chip cookies and decorate them with sprinkles. Bake some quick breads like zucchini bread or banana bread or even muffins.

05. Set goals together for the upcoming New Year

As we enter the holiday season, it's time to set goals and start working towards them. Make sure they're goals that will help both of you achieve your dreams in the new year. What do you want to accomplish?

Worksheet

THE ULTIMATE CHRISTMAS CHECKLIST

With this worksheet, you can plan your days and nights together in the winter season .



Worksheet

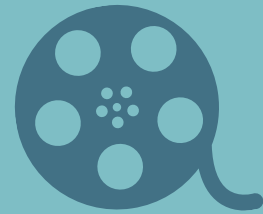
Our "Winter" Must Do's

With this worksheet, you can plan your days and nights together in the winter season .





Holiday Movie



Bucket List



MOVIE LIST #1

MOVIE LIST #2



Christmas Advent Calendar

COUPLES EDITION

<i>Slow dance to our favorite Christmas song.</i>	<i>Share a kiss (or two) under the mistletoe.</i>	<i>Make spiked hot chocolate and watch a Christmas movie</i>	<i>Learn to say "Merry Christmas" in few languages</i>	<i>Write each other a love letter and seal in an envelop</i>
<i>Pick out a Christmas Tree</i>	<i>Make or buy a gift for the angel tree together.</i>	<i>Read in front of the fire together</i>	<i>Donate to charity</i>	<i>Wear Christmas Sweater</i>
<i>Cook our favorite meal together</i>	<i>Take secret gift to neighbors.</i>	<i>Write Christmas cards together.</i>	<i>Play your favorite boardgame</i>	<i>Create a Christmas Playlist.</i>
<i>Take Christmas-themed couple pictures</i>	<i>Go on a date to your favorite place</i>	<i>Eat dinner by candlelight</i>	<i>Go ice skating</i>	<i>Take a winter walk after dark</i>
<i>See a holiday play</i>	<i>Turn your phones of and have a cozy night</i>	<i>Wrap gifts together. Talk about most memorable gifts given and received.</i>	<i>Make Christmas Cookies</i>	<i>Exchange silly gifts and love notes</i>

Christmas Holiday Activities For Families

Christmas is the perfect time for families to come together, but it can also be stressful for parents. If you're looking for ways to make this holiday season more enjoyable and relaxing, here are some great Christmas activities for families to try.

CHRISTMAS ACTIVITIES FOR FAMILIES

1. Choose a cut tree and make your own Christmas ornaments from nature
2. Bake Christmas goodies
3. Make your own hot cocoa bar
4. Build a Snowman
5. Go Sledding
6. Watch Christmas movies
7. Have a Christmas-themed family photoshoot
8. Take a photo for a holiday card
9. Write letters
10. Read Scriptures every night as a family
11. Do a "Secret Santa" gift exchange with your immediate family



Worksheet

Our "Winter" Must Do's

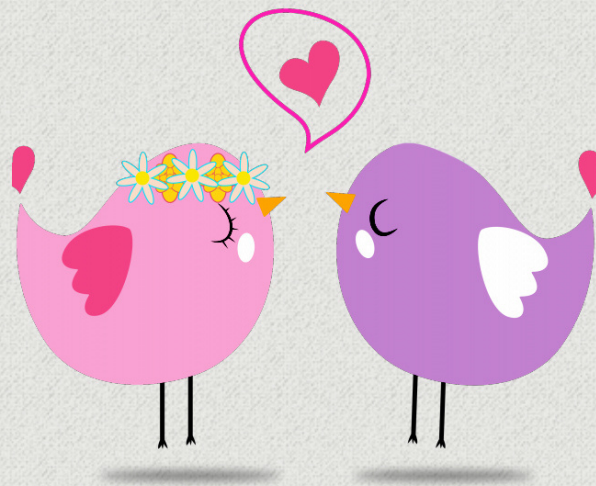
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Political Differences in Families

These last few years have been tough on families with so many differences of opinion tearing each other apart.

Prepare for family togetherness with a greeting card that helps mend broken fences.



**I REALIZE THAT WE MAY HAVE
OUR DIFFERENCES, BUT OUR RELATIONSHIP IS
MORE IMPORTANT TO ME THAN POLITICS**

Resources:

- <https://twodrifters.us/blog/christmas-date-ideas.html>
- <https://www.2life.io/holiday-bucket-list-for-couples/#.YcUOqGLOkzQ>
- <https://whatasweetjourney.com/winter-bucket-list-for-couples/>
- <https://theinspiredholiday.com/christmas-traditions-for-couples/>
- <https://www.naturalbeachliving.com/guide-for-the-best-winter/>
- <https://contentmentquesting.com/best-christmas-activities/>

Contact Us

*Speak to a Marriage Counselor at
The Marriage Restoration Project*



443.570.7598

Book a time to talk

www.themarriagerestorationproject.com